

Ride: Mumbles and Clyne

Start/Finish: Blackpill

Distance: 8 miles (1-2 hours)

Terrain: Just one significant climb.

Map: Swansea A-Z.

If you've not been on your bike for a while this is a nice short ride to get the legs moving and lungs pumping. You may also want to combine it with a bit of shopping in Mumbles. It circles the village and ends with the option of a walk through Clyne Gardens.



Starting from Blackpill follow the coast path (pictured) south to Verdi's; join the road there to go round Mumbles Head past the Apple. If the wind is anything like it has been recently the seas will be a magnificent sight. Turn right up Plunch Lane for the longest climb of the ride. Look out for Catherine Zeta-Jones's house to your left on Old Plunch Lane as you near the top of the hill.

Continue on Plunch Lane as it descends and then swings to the left (take care here) before a short sharp climb. After a narrow section it becomes Higher Lane with views across Langland Bay before dropping down to Southward Lane. Turn left and then, after some more up, right to Newton. Keep straight on at the first junction. You are now on Newton Road.

Go past the turn off to Mumbles and turn right onto Slade Road. Turn left onto Sherringham Drive just before the Cemetery. After a climb to

where there is a good view of Swansea the name changes to Southlands Drive. Turn left at the junction with West Cross Avenue, then right onto Chestnut Avenue, left at the next T junction and left again onto Fairwood Road to join Mayals Road.

Just before you left West Cross Avenue note that it continues as a short track ending at a gate. In line with this and just 600m (less than half a mile) away across the Common is the east end of Reigit Lane. *Wheelrights* have been promoting this route as an alternative to a route alongside the B4436 for a cycle path to Bishopston.

Freewheel down Mayals Road to where it levels out. Just past the roundabout on your left there is a gate into the Clyne Gardens. To go through the Gardens follow the various paths (You should wheel the bike.) down to the exit near the Woodman pub opposite the Blackpill Lido. Alternatively freewheel down the rest of the Mayals Hill.

Evening Post: 1 Mar. 2013